

# REGISTRATION

Yes, I would like to participate in:

- ☐ Half Marathon (\$70 Fee/\$75 after 7/31/23)
- ☐ 5K (\$35 Fee/\$40 after 7/31/23)
- ☐ 5K or ☐ 3K (12 years old & under) (\$10 Fee)
- ☐ 3K Walk/Wheel (\$35 Fee/\$40 after 7/31/23)
- ☐ Volunteer
- ☐ I plan to fundraise

Fundraiser Name: \_\_\_\_\_

My personal fundraising goal \$ \_\_\_\_\_

Company Name (if applicable): \_\_\_\_\_

Team Name (if applicable): \_\_\_\_\_

(Teams consist of 2-7 participants. Each participant must register individually).

Team fundraising goal is \$ \_\_\_\_\_

- ☐ I am unable to participate, but would like to make a contribution \$ \_\_\_\_\_

Checks should be made payable to: **RAMP**

Packet pick up for all participants is Thursday, August 17th and Friday, August 18th from 12:00pm-6:00pm. at RAMP's downtown Rockford office, 202 Market Street Rockford, IL 61107. Fundraisers may also turn in any donations at that time.

First & Last Name \_\_\_\_\_

Sex: ☐ Male ☐ Female Birthdate: \_\_\_\_\_

Mailing Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Daytime Telephone \_\_\_\_\_

Email \_\_\_\_\_

Please circle your unisex t-shirt size:

**Youth** S M L XL

**Adult** S M L XL 2XL 3XL

*T-shirts are guaranteed for anyone registering by July 31st.*

I have read and agree to the "ASSUMPTION OF RISK, WAIVER OF LIABILITY & INDEMNITY AGREEMENT" which can be found at [www.815RiverRun.com](http://www.815RiverRun.com) above the schedule.

Signature or Parent/Guardian Signature if Participant is under 18 \_\_\_\_\_

Please complete and send to:  
RAMP 202 Market Street Rockford, IL 61107  
or register online, [www.815RIVERERRUN.COM](http://www.815RIVERERRUN.COM)

NON-PROFIT ORG.  
US POSTAGE  
PAID  
ROCKFORD, IL  
PERMIT NO. 812

202 MARKET STREET  
ROCKFORD, IL 61107  
815-968-7467 *phone* | [AFINLEY@RAMP.IL.ORG](mailto:AFINLEY@RAMP.IL.ORG) *email*  
[WWW.RAMP.IL.ORG](http://WWW.RAMP.IL.ORG) *website* | [WWW.815RIVERERRUN.COM](http://WWW.815RIVERERRUN.COM) *event*

**RAMP**  
no limits

**River Run 5K**

*Make a Difference...*

[WWW.815RIVERERRUN.COM](http://WWW.815RIVERERRUN.COM)



**River Run 5K**



**Saturday August 19, 2023**

**Rockford City Market Pavilion in downtown Rockford**  
164 N. Water Street Rockford, IL

**[WWW.815RIVERERRUN.COM](http://WWW.815RIVERERRUN.COM)**

**COURSE CERTIFICATE IL 17063**

*To Benefit*

**RAMP**  
no limits

# SIGN UP TODAY!

## WWW.815RIVERRUN.COM

Signing up is easy to do! Simply register online for the Half Marathon, 5K or 3K Walk/Wheel at [www.815RIVERRUN.com](http://www.815RIVERRUN.com).

You can also sign up to volunteer or fundraise for RAMP. Register by July 31, 2023 in order to be guaranteed an event t-shirt.

## MAKING A DIFFERENCE

Whether you choose to run, walk or wheel, this family friendly event supports the efforts of RAMP to provide independent living services and advocacy for individuals with disabilities in Winnebago County. RAMP's mission is to build an inclusive community that encourages individuals with disabilities to reach their full potential. Learn more about RAMP by visiting [www.rampcil.org](http://www.rampcil.org).



## SCHEDULE

- 6:30am - Registration Opens
  - 7:30am - Half Marathon Start
  - 7:45am - 5K Start
  - 8:35am - 3K Walk & Wheel Start
- Awards to follow each event



## RIVER RUN DAY

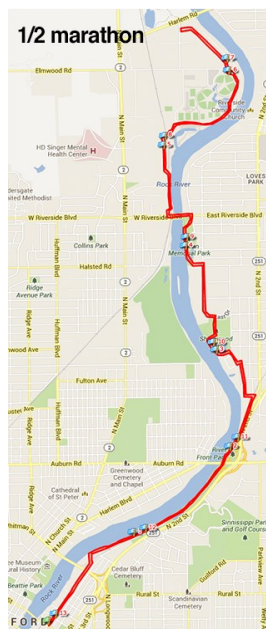
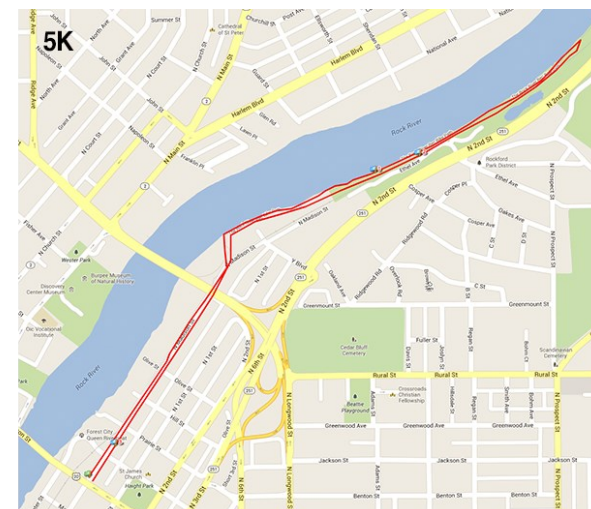
- Arrive at the Rockford City Market Pavilion, 124 N Water Street, across from RAMP's office at least 30 minutes prior to your event. Turn donations in at that time if you have not already (for fundraisers only).
- Refreshments are available upon returning from the route.
- Awards announced and distributed at designated times.
- Please park in lots adjacent to RAMP and the Trinity Lutheran Church lot.

Please see the website for updates:  
[www.815riverrun.com](http://www.815riverrun.com)

## COURSES



CERTIFIED COURSE  
USATF CERTIFICATE IL  
17063



5K starts on Water Street by RAMP then onto Madison St. and proceeds up the bike path to the half way point, near the Rock Men.

Half Marathon begins in the same place as the 5K and turns around just south of Harlem Rd by Sportscore.

**PLEASE NOTE:** In case of inclement weather, your entry fee is a donation to RAMP.

**REASONABLE ACCOMMODATION REQUESTS:** Please request reasonable accommodations by 8/10/23 to 779-774-1021 or [afinley@rampcil.org](mailto:afinley@rampcil.org).