SIGN UP TODAY!

WWW.815RIVERRUN.COM

You can choose to register and pay, fundraise your registration fee or fundraise for RAMP beyond your registration fee. Simply register online for the Half Marathon, 5K (kid-friendly) or 3K Walk/Wheel at www.815RIVERRUN.com and raise your fees, $25 for the 5K & 3K and $65 for the Half Marathon. There is a FREE Kid's Zone.

MAKING A DIFFERENCE

Whether you choose to run, walk or wheel, this event supports the efforts of RAMP to provide independent living services and advocacy for individuals with disabilities in Winnebago County. RAMP's mission is to build an inclusive community that encourages individuals with disabilities to reach their full potential. Learn more about RAMP by visiting www.rampcil.org.

SCHEDULE

6:30am - Registration Opens
7:30am - Kid's Zone Opens
7:30am - Half Marathon Start
7:45am - 5K Start
8:35am - 3K Walk & Wheel Start

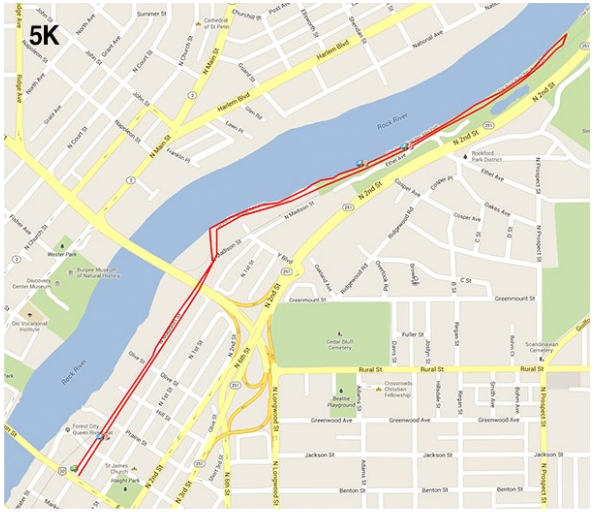
RIVER RUN DAY

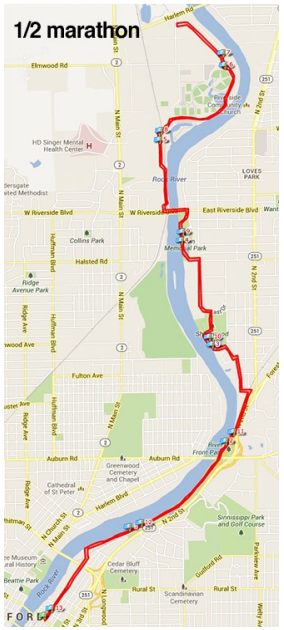
- Arrive at the Rockford City Market Pavilion across from RAMP, 202 Market Street at least 30 minutes prior to your event. Turn donations in at that time if you have not already (for fundraisers only).
- Free Kid's Zone available from 7:30-10:00am.
- Teams participating in the 3K Walk/Wheel-A-Thon may decorate a wheelchair.
- Refreshments are available upon returning from the route.
- Awards announced and distributed at designated times.
- Please park in lots adjacent to RAMP and the Trinity Lutheran Church lot.

Please see the website for updates: www.815riverrun.com

COURSES

CERTIFIED COURSE
USATF CERTIFICATE IL 17063





5K starts on Water Street by RAMP then onto Madison St. and proceeds up the bike path to the half way point, near the Rock Men.

Half Marathon begins in the same place as the 5K and turns around just south of Harlem Rd by Sportscore.

PLEASE NOTE: In case of inclement weather, your entry fee is a donation to RAMP.

REASONABLE ACCOMMODATION REQUESTS: Please request reasonable accommodations by 8/10/22 to 779-774-1021 or jwhitehouse@rampcil.org.

REGISTRATION

Yes, I would like to participate in:

- ☐ Half Marathon ($65 Fee/$70 after 8/1/22)
- ☐ 5K ($25 Fee/$30 after 8/1/22)
- ☐ 5K or ☐ 3K (12 Year old & under) ($10 Fee)
- ☐ 3K Walk/Wheel ($25 Fee/$30 after 8/1/22) or raise $50+ for additional prizes)
- ☐ Volunteer
- ☐ I am unable to participate, but would like to make a contribution $_____on behalf of:

(Fundraiser name)_____

Checks should be made payable to: ***RAMP***

Packet pick up for all participants is Thursday, August 18th and Friday, August 19th from 12:00pm-6:00pm. at RAMP's downtown Rockford office, 202 Market Street Rockford, IL 61107. Fundraisers may also turn in any offline donations at that time.

First & Last Name

Sex: ☐**Male** ☐**Female** **Birthdate:**_____

Mailing Address

City **State** **Zip**

Daytime Telephone

Email

T-Shirt Size:

Youth S M L XL

Adult S M L XL 2XL

T-shirts are guaranteed for anyone registering by August 5th.

Company Name ***(if applicable)***

Team Name ***(if applicable)*** ***(Teams consist of 2-7 participants. Each participant must register individually).***

My team fundraising goal is $_____

My personal fundraising goal is $_____

I have read and agree to the "ASSUMPTION OF RISK, WAIVER OF LIABILITY & INDEMNITY AGREEMENT" which can be found at www.815River Run.com above the schedule.

Signature or *Parent/Guardian Signature if Participant is under 18*

Please complete and send to:
RAMP 202 Market Street Rockford, IL 61107
or register online, www.815RIVERRUN.com

NON PROFIT ORG.
US POSTAGE
PAID
ROCKFORD, IL
PERMIT NO. 812

RAMP no limits

202 MARKET STREET
ROCKFORD, IL 61107
815-968-7467 *phone* | JWHITEHOUSE@RAMPCIL.ORG *email*
WWW.RAMPCIL.ORG *website* | WWW.815RIVERRUN.COM *event*

River Run

Make a Difference...

WWW.815RIVERRUN.COM

To Benefit RAMP no limits

River Run

Saturday, **August 20, 2022**

Rockford City Market Pavilion in downtown Rockford
124 N. Water Street Rockford, IL

WWW.815RIVERRUN.COM

COURSE CERTIFICATE IL 17063

THE BLAZER FOUNDATION

ROAD RUNNER RACE CIRCUIT